

AVALON

ALLERGEN INFORMATION MENU

PLEASE ALERT YOUR SERVER OF ANY ALLERGIES BEFORE ORDERING
ALL ITEMS ARE MADE IN A SHARED KITCHEN

WHILE WE WILL DO OUR BEST TO ACCOMMODATE ALLERGY REQUEST CROSS CONTAMINATION IS A RISK

DAIRY FREE APPETIZERS

CHICKEN WINGS

AVALON'S HOT PEPPERS IN OIL

HOUSE-MADE CHIPS
Served without Buffalo Dip

TUNA WAKAME

PAN SEARED FILET TIPS
Served without Horsey Sauce

DAIRY FREE SALADS

*All salads are modifiable for dairy allergies. Vegan cheese available.
Exclude croutons for all salads*

THE HEPBURN

CAESAR

THE GRILLED SALAD

DAIRY FREE BURGERS

All burgers are modifiable for dairy free

MAPLE BOURBON BBQ BURGER

MUSHROOM SWISS BURGER

BUILD-YOUR-OWN-BURGER

DAIRY FREE HANDHELDS

All handhelds are modifiable for dairy free

T•BLT WRAP

CHICAGO STYLE ITALIAN BEEF
Note Dairy Free

REUBEN GRILLER
Note Dairy Free

THE AVALON CLUB
Note Dairy Free

SUNRISE SANDWICH
Note Dairy Free

DAIRY FREE ENTREES

8 OZ FILET

6 OZ FILET

HONEY GARLIC SALMON

KIELBASA AND HALUSHKI

DELICATA MARSALA CHICKEN
Served without Pierogis

DAIRY FREE SIDES

SWEET POTATO (PLAIN)

BAKED POTATO (PLAIN)

WILD RICE

ASPARAGUS

*BRUSSELS SPROUTS WHEN NOTATED

*BROCCOLI WHEN NOTATED

ALL FRIED ITEMS ARE COOKED WITH SOY BEAN OIL | CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS | ALLERGENS SUCH AS MILK, EGGS, FISH, SHELLFISH, PEANUTS, TREE NUTS, WHEAT, SOY AND SESAME ARE USED AS INGREDIENTS IN THIS FACILITY

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GLUTEN FREE PIZZA

ALL PIZZA CAN BE MADE GLUTEN-FREE WHEN ORDERED

WITH GLUTEN-FREE CRUST

*VEGAN CHEESE AVAILABLE

*VEGAN PLUMB SAUCE

*ALL PIZZA TOPPINGS ARE GLUTEN-FREE
AVAILABLE (FOR PIZZAS)

GLUTEN FREE APPETIZERS

GREENS AND BEANS WITH ROASTED PEPPER

AVALON'S HOT PEPPERS IN OIL

Served with Gluten Free Bread

HOUSE-MADE CHIPS

TUNA WAKAME

PAN SEARED FILET TIPS

SHRIMP AND GRITS

Made with Corn Starch

GLUTEN FREE BURGERS

All burgers served on Gluten Free Bread

MAPLE BOURBON BBQ BURGER

MUSHROOM SWISS BURGER

BUILD-YOUR-OWN-BURGER

GLUTEN FREE HANDHELDS

All handhelds served on Gluten Free Bread

T•BLT WRAP

CHICAGO STYLE ITALIAN BEEF

REUBEN GRILLER

THE AVALON CLUB

SUNRISE SANDWICH

GLUTEN FREE SOUPS

CHICKEN CHILI

CLASSIC CHILI

GLUTEN FREE ENTREES

8 OZ FILET

6 OZ FILET

HONEY GARLIC SALMON

KIELBASA AND HALUSHKI

Gluten Free with NO Pierogies and halushki

DELICATA MARSALA CHICKEN

Served Grilled NOT Sautéed

DAIRY FREE SIDES

SWEET POTATO (PLAIN)

BAKED POTATO (PLAIN)

WILD RICE

ASPARAGUS

*BRUSSELS SPROUTS WHEN NOTATED

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INGREDIENTS IN THIS FACILITY*