



ALLERGEN INFORMATION MENU

PLEASE ALERT YOUR SERVER OF ANY ALLERGIES BEFORE ORDERING
ALL ITEMS ARE MADE IN A SHARED KITCHEN
WHILE WE WILL DO OUR BEST TO ACCOMMODATE ALLERGY REQUEST CROSS CONTAMINATION IS A RISK

DAIRY FREE APPETIZERS

CHICKEN WINGS

AVALON'S HOT PEPPERS IN OIL

HOUSE-MADE CHIPS
Served without Buffalo Dip

DAIRY FREE SALADS

THE GRILLED SALAD

CRANBERRY KALE SALAD (SERVED WITHOUT FETA)

DAIRY FREE ENTREES

8 OZ FILET

6 OZ FILET

LAMB LOIN CHOP
Served without tzatziki

CITRUS POACHED SEA BASS

MONGOLIAN BEEF
Prepared without Clarified Butter

DAIRY FREE SIDES

SWEET POTATO (PLAIN)

BAKED POTATO (PLAIN)

ASPARAGUS

*BRUSSELS SPROUTS WHEN NOTATED

*BROCCOLI WHEN NOTATED

GLUTEN FREE SOUPS

CHICKEN CHILI

GLUTEN FREE APPETIZERS

AVALON'S HOT PEPPERS IN OIL

GLUTEN FREE SALADS

CRANBERRY KALE SALAD

THE HEPBURN

THE GRILLED SALAD

SALAD ADDITIONS
grilled steak | grilled salmon
ahi tuna | shrimp
grilled or blackened chicken
grilled portabella

GLUTEN FREE ENTREES

LAMB LOIN CHOP

SALMON FLORENTINE

CITRUS POACHED SEA BASS

CHICKEN FRICASSEE

MONGOLIAN BEEF

VEGAN OPTIONS

CRANBERRY KALE SALAD

THE HEPBURN
Served without Gorgonzola

THE GRILLED SALAD

ALL FRIED ITEMS ARE COOKED WITH SOY BEAN OIL | CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS | ALLERGENS SUCH AS MILK, EGGS, FISH, SHELLFISH, PEANUTS, TREE NUTS, WHEAT, SOY AND SESAME ARE USED AS INGREDIENTS IN THIS FACILITY